

<p>GOAL 11: The District shall not permit the denial of the required 135 minutes of physical activity, physical education class, and/or unstructured recess as punishment for inappropriate behavior and/or failure to complete assignments with the exception of severe discipline consequences assigned by the principal or assistant principal (ISS, OSS, and the like).</p>	
<p>Objective 1: The campus will ensure that all elementary school students will be provided the opportunity to participate in the required 135 minutes of structured physical activity.</p>	
<p>Action Steps</p>	<p>Methods for Measuring Implementation</p>
<ul style="list-style-type: none"> • Elementary school principals will ensure that students are not withheld or denied the required 135 minutes of physical. • Elementary school and/or community personnel working in the elementary school will not deny the required 135 minutes of structured physical activity as punishment for inappropriate behavior and/or failure to complete assignments with the exception of severe discipline consequences assigned by the principal or assistant principal (ISS, OSS, etc.) • If an elementary campus exceeds the 135 minutes of required structured physical activity, the campus principals have the authority to offer an optional study hall for those children in need of additional support up to twice per week. Prior written parent permission is required in order to remove a student from recess for study hall. The student must still complete the weekly 135 minutes of required moderate or vigorous physical activity. 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Annual Campus Wellness Committee Report <p>Resources needed:</p> <ul style="list-style-type: none"> • FBISD Recess Guidelines <p>Obstacles:</p> <ul style="list-style-type: none"> • Access to resources • Staff attrition
<p>Objective 2: The District will provide alternatives for discipline that do not affect physical activity time.</p>	
<p>Action Steps</p>	<p>Methods for Measuring Implementation</p>
<ul style="list-style-type: none"> • The principals will ensure that students are not withheld or denied the required 135 minutes of physical activity. • The campus principal will implement discipline strategies such as denying a student the ability to participate in their preferred physical activity or not playing with recess balls, but shall not deny them physical activity time. • If an elementary campus exceeds the 135 minutes of required structured 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Annual Campus Wellness Committee Report <p>Resources needed:</p> <ul style="list-style-type: none"> • FBISD Recess Guidelines • Best practices for discipline that does not affect physical activity time. <p>Obstacles:</p> <ul style="list-style-type: none"> • Access to resources

<p>physical activity, the campus principals have the authority to offer an optional study hall for those children in need of additional support up to twice per week. Prior written parent permission is required in order to remove a student from recess for study hall. The student must still complete the weekly 135 minutes of required moderate or vigorous physical activity.</p>	<ul style="list-style-type: none"> • Staff attrition
<p>Objective 3: The campus administrator will ensure that all instructional staff follow the District Recess Guidelines.</p>	
<p>Action Steps</p>	<p>Methods for Measuring Implementation</p>
<ul style="list-style-type: none"> • The campus principal will educate campus staff on the District Recess Guidelines. • The campus principal will ensure that the District Recess Guidelines are enforced daily. • The campus principal will ensure that students are not withheld or denied the required 135 minutes of physical activity. 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Annual Campus Wellness Committee Report • Current campus recess practices <p>Resources needed:</p> <ul style="list-style-type: none"> • Recess guidelines <p>Obstacles:</p> <ul style="list-style-type: none"> • Staff attrition • Inclement weather

Physical Activity Goal 11